

## Bio for Podcast

Moxie DePaulitte is a playwright; healer; ally; activist; mother of three that made it earthside, and wife to a hottie. Open about their struggles with Mental Health and passion for community activation and racial equality, they hope to help the world become a nicer place to live, work and thrive.

They started a Humanitarian Movement (Massive Outpouring of Love) by accident almost five years ago, where a one day event turned into a full blown charity, and have been known for their incredible back rod making abilities since Jesus was wee. On occasion, to the chagrin of angry keyboard warriors, Moxie dares to have opinions, be outspoken, and refuses to know their place. They identify, proudly, as a New Scot, and founded the Theatre Company The Meat Puppet Collective.

Moxie moved to Dumfries with just a car load of stuff, for a few week, 17 years ago almost to the day; knowing no one but knowing a change needed to happen. Slowly, they rebuilt their physical and mental health; married a man they met on the internet (before it was trendy); adopted troubled rescue dogs; then had three babies in three years with no friends, family or support system in place, apart from aforementioned hottie. This has no correlation to how much grey hair she has.

A huge fan of naps, Moxie also likes to cook; be inappropriate; sing; laugh, make healing potions and pretend to garden.

With a background in the Arts, Activism and Community Advocacy, and lived experience of CPTSD, Chronic Pain, Depression and Anxiety, they like to blend their skills to find creative ways to make the world a nicer place and bring people from all walks of life together.

Creative projects include The Shoe Project 276; Moving Stories; Begin With A Grin; It Takes a Village and, most recently, Do What You Can, Where You Can, in support of the fight for racial equality. They also set up the FB group 'Sociable Distancing' as a response to the COVID lockdown to make sure people had a safe space online to check in and feel less isolated.

She can turn her hand to anything so give her a shout if you think she might be able to help – books are currently open for freelance commissions.

What If...? Reimagining Dumfries and Galloway:

<https://www.facebook.com/groups/684219315684970/>

Wigtownshire & The World - Can You Dig It?:

<https://www.facebook.com/groups/2340840769548104/>